



THE  
LANDINGS  
*Resort and Spa*

THE SPA MENU

## CLASSICS

### *Swedish Massage 60 mins \$75 | 90 mins \$125*

A full body massage with light to medium pressure using a range of long smoothing strokes for relaxation of the superficial layers of the muscle tissue.

### *Deep Tissue Massage 60 mins \$90 | 90 mins \$135*

A full body massage focusing on the length of the fibers of the superficial muscles with intent of massaging that lays beneath it, beneficial in releasing chronic muscle tensions.

### *Hot Stone 60 mins \$90 | 90 mins \$135*

A full body massage using hot stones as an extension of your therapists own hands, placed on the body. The heat is deeply relaxing and helps warm up tight muscles so the benefits can work deeply.

### *Back Neck and Shoulder 30 mins \$40*

A combination of Swedish or deep tissue, pressure to your liking but concentrating solely on your back neck and shoulders for a shorter burst of relaxation and muscle tension relief. Ideal as an add on to any facial.

## SIGNATURE

### *Paradise 60 mins \$70 | 90 mins \$110*

A truly decadent full body massage with light to medium pressure with a soothing application of local coconut milk followed by your massage with local coconut moisturizers that will smooth soften and tone your skin, leaving you balanced and your senses revitalized.

## NATURA BISSE TREATMENTS MAIN STARTERS

Complete 60 minute treatments that include a restoring body massage and a short facial treatment created to relax and soothe, treat, hydrate and reveal glowing skin in just one step.

### *D Stress 60 mins \$80*

A luxurious oxygen therapy for face and back that detoxifies and hydrates targeted areas while relaxing and providing a complete sense of well being.

### *Recovery 60 mins \$80*

Sooth irritated skin and reduce inflammation on the face and back with this exceptional recovery treatment for damaged or hypersensitized skin.

### *Recharge 60 mins \$80*

Recharge your skin with the antioxidant benefits of pure vitamin C. An infusion of antioxidant benefits and a true sensory therapy for face and back.

### *Rejuvenate 60 mins \$80*

Put your best face forward with this intensive treatment based on a powerful amino acid cocktail and other key ingredients that defy aging, a rejuvenating treatment for face and back.

### *Mother-to-be 60 mins \$80*

Focus on you with this relaxing experience for the legs, feet and face to achieve an overall sense of well being.

## SKIN ATELIER

Exceptional facial treatments of 30 – 60 minutes especially designed to treat any skin need or condition. All skin types will find the right treatment to restore all their beauty and radiance.

### *The Express Facial 30 mins \$50*

A revitalizing treatment to rejuvenate skin without exfoliation, ideal for all skin types. Perfect before that special date or as an introduction to facials. A great add on to any massage.

### *The O2 Relax 60 mins \$100*

The essential exfoliating and invigorating treatment re-energizes cellular function and reveals perfectly hydrated skin. The revitalizing power of pure oxygen will decongest and brighten a dull complexion restoring clarity and a healthy glow.

### *The Skin Comforter 60 mins \$100*

Rebuilds skin tolerance, visibly reduces sagging and reverse micro inflammation which causes premature aging. Specifically designed to instantly reinforce the skin, this tailored facial is a serious answer for hypersensitivity and rosacea.

### *The Citrus Essence 60 mins \$120*

An antioxidant treatment that restores vitality to sun damaged skin and helps minimize the signs of premature aging. 100% pure vitamin C will stimulate collagen production and renew skin firmness.

### *The Yoga Facial 60 mins \$120*

Calming facial for even the most inflamed skin using a combination of botanicals and unique relaxing massage. Fruit enzymes exfoliate the skin while an algae mask helps replenish lost vitamins, minerals and hydration to the skin.

### *Carboxi –Express 30 mins \$100*

*(Not recommended to sun bath directly after)*

A quick peel for a glow on the go. Using a combination of 5 AHAs this triple exfoliating treatment will produce visible results in just 30 minutes. (If you intend to Sunbath in the next 24hrs a SPF 50 must be applied and no direct sunlight on the face)

## TIME OUT

60 Minute Massage sessions that will bring deep sense of peace and wellbeing thanks to complete massages focused on reviving muscular tensions and balancing the mind and body.

### *Lomi Juma 60 mins \$90*

Restore your inner balance with a fusion of massages inspired by different techniques. This treatment improves micro circulation unblocks your joints and relaxes your muscles while restoring your physical and mental well being.

### *Quiro Sport 60 mins \$90*

Sports Massage ideal for relaxing the body through techniques and specific products that target tension and sore muscles. Perfect after an intense session of physical activity.

## EXFOLIATING BODY TREATMENTS

### *Bamboo Scrub 60 mins \$65*

Nourishes and hydrates the skin with essential elements of bamboo microfibers and essential oils

### *Citrus Scrub 60 mins \$65*

A sensory experience combined with micronized bitter orange lava and bamboo that will leave your skin feeling silky smooth

### *Body Polish Bar 30 mins \$40*

An a la carte body exfoliation is the perfect addition to any treatment. Select either bamboo micro fibers that effectively eliminate dead skin cells leaving skin smooth and soft and nourished or the citric exfoliation that revitalizes and brightens skin.

## RED CARPET TREATMENTS

Luxury treatments for face and body based on iconic Natura Bisse Diamond Collection. Premium treatments that transform the most effective skincare regime into magnificent experiences for you to glow like a star.

### *Diamond Energy Experience Facial 60 mins \$150*

Energize your skin with a treatment designed to reboot dull skin from environmental stress and DNA damage. Improving definition of facial contours and dramatically restores elasticity skin texture and tone.

### *Facelift Optimizer 60 mins \$170*

Surgical alternative treatment that infuses the skin with all of the benefits of a micro injection without the neurotoxins. Visibly lifts skin after just one treatment due to the innovative highly concentrated ingredients.

### *Diamond Experience Rose Massage 60 mins \$130*

Take a journey through an unprecedented sensory experience. Enjoy a smoothing and nourishing exfoliation followed by a regenerating massage with exquisite absolute Damask rose oil that will transport you to a complete state of relaxation and well being.

## BODY PERFECTORS

### *O2 Body Perfection 60 mins \$100*

Rich in macronutrients to provide an intensely nourishing, firming and rejuvenating effect. Helps prevent fluid retention, eliminate toxins and reduce cellulite.

### *Detox Marine Essense 60 mins \$95*

Bamboo particles polish away dead skin cells while marine algae hydrate, detoxify and firm the body .

### *Lipocell Sculptor 60 mins \$95*

An ultra concentrated slimming and anti cellulite gel combined with advances massage techniques to effectively contour your silhouette. The draining and detoxifying active ingredients address and prevent fat nodules to reduce volume for firmer, smoother skin.

## WAXING

Full leg \$60	Under arm \$20	Lip \$10
Half leg \$35	Bikini standard \$25	Chin \$10
Full arm \$25	Bikini extended \$30	Brow Shape \$15
Half arm \$20	Bikini brazilian \$35	

### *The Spa also offer alternative therapies such as*

Threading, Make up, and Microblading. Please ask at Spa Reception for details or to make advance bookings

Please arrive 15 minutes or more prior to treatment time to enjoy the facilities. Late arrivals will receive only the remaining available treatment time and will still be charged for the full treatment time and price. Cancellations within 24hrs of the treatment time or No Shows will be charged 50% of the treatment cost. If multiple treatments are booked in a block we require a 72 hr cancellation in addition to the regular policy. The spa reserves the right to refuse guests whom repeatedly cancel or no show without notice. Notify the spa of any medical changes or if you are pregnant or have any other health issues that could affect your service or treatment choice. Prices are subject to change without notice 10% service charge plus the appropriate VAT will be added to your final bill.

## THE SALON CLASSIC NAILS

### *Classic Manicure \$35*

Removal of regular nail polish, soaking of hands, cuticle work, filing /cutting, massage and painting with regular polish. *(gel lacquer removals require additional appointment time and cost please advise upon booking)*

### *Classic Pedicure \$45*

Removal of regular nail polish, soaking of feet, scrub, rasping, cuticle work, filing /cutting, massage and painting with regular polish. *(gel lacquer removals require additional appointment time and cost please advise upon booking)*

### *Classic File & Polish \$15*

Removal of old nail polish, file and shape nail and repolish *(gel lacquer removals require additional appointment time and cost please advise upon booking)*

### *Upgrade your Classic Manicure or Pedicure with Natura Bisse Products*

### *Oxygen Hands / Feet \$20*

The damage caused by external aggressors will disappear to reveal radiant and revitalized skin

### *Citrus Hands / Feet \$20*

Restore Vitality with a dose of vitamin C full of antioxidants that will firm and brighten your skin.

## LONGER LASTING GEL LACQUER NAILS

### *Gel Lacquer Removal \$15*

Removal of Gel Lacquer only  
*(Not acrylic or hard gel nail extensions)*

### *Gel Manicure \$45 (not include removal of gels)*

Dry manicure working on cuticle work, filing/cutting, nail preparation for OPI Gel Lacquer finished with massage and oils.

### *Gel Pedicure \$55 (not include removal of gels)*

Removal of nail polish, soaking of feet, scrub, rasping, cuticle work, filing/cutting, massage and painting with regular polish.

## NAIL ADD ONS

French paint regular or Gel \$10  
Paraffin wax treatment \$15

## HAIRDRESSING

*(Available by pre-booking only)*

Cut and blow dry\* \$58  
Gents cut and finish \$30  
Blow dry\* \$40

*\*\* Long or Thick surcharge may apply for these services \$15-40 dependent on hair and time required.*

## SEMI PERMANENT EYELASH EXTENSIONS BY NOVALASH

*(Pre-consultation necessary)*

Full Set \$100 *(approx 2hrs)*  
Partial Set \$50 *(approx 1 hr)*  
Infills \$50-75  
Removals \$25



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